

Topic: Telecommuter Safety

Telecommuting is often a centerpiece of corporate sustainability programs. While telecommuting reduces the corporate “carbon footprint” and delights employees, few companies have considered the ergonomic issues that arise as more employees work from home, and do so more often. This session will outline the keys to implementing an ergonomics program that supports telecommuting by pointing out the risks involved, and how to help telecommuters prevent injury. Various approaches to assessing the ergonomic risk of the employees home office workstation will be discussed including online assessment tools and phone evaluations. Attendees will leave with the following:

- An understanding of the ergonomic and safety risks associated with telecommuting.
- A list of the policy decisions that each company must address when implementing a telecommuting program.
- A understanding of the tools which are available to help address ergonomic risk in a telecommuting environment.
- Examples of programs that are effective in addressing telecommuting workstations.

BIO:

Jessica Ellison, MS, CPE, CSP; Senior EHS Consultant, Environmental and Occupational Risk Management where she provides ergonomic consultation services. She received a Masters in Biomedical Engineering from UC Davis and is a Certified Professional Ergonomist as well as a Certified Safety Professional. She has experience conducting quantitative ergonomic risk assessments and developing ergonomic programs for a variety of clients in the solar, semiconductor, electronics, food and beverage, biotechnology, software, government and traditional manufacturing industries.